	vláknina	houby TČM	maca	kurkumin	chlorella	nladý ječmen a spirulin	železo	zinek	hořčík	multivitamin	B-komplex	vitamín B12	vitamín C	vitamín D3 a K2	koenzym Q10	kolagen	kyselina hyaluronová	omega-3 MK	ostropestřec
vláknina	✓	✗	✗	✗	✓	✓/✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
houby TČM	✗	✓	✓	✓	✗	✗	✓/✗	✓/✗	✓/✗	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓
maca	✗	✓	-	✓	✗	✗	✓/✗	✓/✗	✓/✗	✓	✓	✓	✓	✓	✓	✓	✓	✗	✓
kurkumin	✗	✓	✓	-	✗	✗	✓/✗	✓/✗	✓/✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
chlorella	✓	✗	✗	✗	-	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
nladý ječmen a spirulin	✓/✗	✗	✗	✗	✓		✓/✗	✓/✗	✓/✗	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗
železo	✗	✓/✗	✓/✗	✓/✗	✗	✓/✗		✓/✗	✓/✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
zinek	✗	✓/✗	✓/✗	✓/✗	✗	✓/✗	✓/✗		✓/✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
hořčík	✗	✓/✗	✓/✗	✓/✗	✗	✓/✗	✓/✗	✓/✗	-	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
multivitamin	✗	✓	✓	✓	✗	✓	✓	✓	✓	-	✓	✓	✓	✓	✓	✓	✓	✓	✓
B-komplex	✗	✓	✓	✓	✗	✓	✓	✓	✓	✓	-	✓	✓	✓	✓	✓	✓	✓	✓
vitamín B12	✗	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	-	✗	✓	✓	✓	✓	✓	✓
vitamín C	✗	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✗	-	✓	✓	✓	✓	✓	✓
vitamín D3 a K2	✗	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	✓	✓	✓
koenzym Q10	✗	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	✓	✓
kolagen	✗	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	✓
kyselina hyaluronová	✗	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓
omega-3 MK	✗	✗	✗	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-	✓
ostropestřec	✗	✓	✓	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-